



First Aid for Life

— The First Aid Experts —



**Award winning first aid training tailored to your needs
leading suppliers of practical, online and blended first aid training across the UK**

Specialist Medical, Health and Emergency Services Trainers

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As Featured on:



Health and Safety (First-Aid) Regulations 1981 – updated 2015 – for employees

Duty of Care – Appropriate first aid provision to those using your service

Insurance specifications and Care Certificate CQC

Every employer has a legal duty of care to provide or ensure that they provide adequate and appropriate facilities and equipment to cater for employees if injured or ill at work.

Undertake a thorough risk assessment. First aid provision should relate to these risks.

First aid training should be appropriate and relevant to those using the facility and services and be regularly refreshed and updated

First aid kits and equipment should relate to possible incidents raised in the risk assessment

Kits should be easily accessible with clear signage, age appropriate and should not contain any medication

AEDs? DNACPR orders

Onlinefirstaid.com – the leading provider of multi-award-winning online first aid courses. Awarding HSE Appointed Person level qualification valid for 3 years and verifiable CPD – ideal for upskilling –
Specific Carer’s Course – RRP £89 (25% discount for LCAS)

Practical courses available for groups and individuals and comply with the Care Certificate – CPR and choking included on all courses
£65pp 3 hour course £149 EFAW full day Level 3 RRP –
10% discount for LCAS

RIDDOR

All employers, self-employed people and people in control of work premises have duties under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR)

Accidents involving employees that result in certain injuries must be reported. Injuries to non-employees that require hospital treatment must be reported.

It is also advised that people have an accident report book in which they record all incidents, this must be stored in line with the Data Protection Act

Ensure you have multiple, appropriately trained people on-site at all times with the right skills and kit to help.

Give the emergency services essential information, fill in necessary paperwork

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