



LEVEL 2 CERTIFICATE IN

# COUNSELLING SKILLS

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**This qualification aims to develop knowledge and skills around counselling by looking at counselling theories and key elements of the main theoretical approaches.**

It will help learners to develop self-understanding and reflect on their own values and beliefs. Successfully completing this qualification will help enable learners to provide support and help to others.

**Please note:** Completing this course will not qualify the learner to practice as a counsellor.

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**Mode of Study:**



Online Distance Learning

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**Level:** 2

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**Duration:** 12 weeks

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**Awarding/validation body:**

TQUK

DISTANCE LEARNING



Croydon  
College



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# COUNSELLING SKILLS

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## Course Highlights:

- Gain a nationally recognised qualification.
- This course is delivered via distance learning, allowing learners to choose when and where they study.
- Study will enhance both personal skills and professional development.
- Personal tutors are assigned to learners to ensure they have the support needed to succeed.

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## Career Opportunities & Further Studies

This is a great course for anyone interested in developing their knowledge of counselling skills and techniques. A learner completing this course may want to go on to complete one of our other health and social care courses such as:

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**Level 2 Certificate in Awareness of Mental Health Problems**

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**Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Social Care**

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**Level 2 Certificate in Common Health Conditions**

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## Assessment:

Learners will complete a series of assessment questions throughout the course. These will be submitted via the online learning platform, EQUAL, and marked by the tutor. Feedback will be returned to the learner for each assessment they complete.

## Please note:

This course has a practical element in Unit 1. Learners can demonstrate Key Counselling Skills in a short simulated video or provide a witness testimony. The witness must hold a relevant Counselling qualification higher than Level 2. Please contact us for more information about completing this assessment.

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## Entry Requirements:

This course does not qualify learners to practice as a counsellor, but is suitable for those who wish to increase their understanding of counselling skills and techniques in order to engage in helpful interaction appropriately. The knowledge gained from this course could be used to complement an existing role, or as a basis for continued study to attain a qualification in this sector.

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## Financial eligibility:

- Must be aged 19 or over.
- A resident in England for the last 3 years.
- Not enrolled in any other distance learning course with us.
- Not have already done the course of interest before.

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## Other relevant information:

- The Awarding body is TQUK.
- Certificates are sent as E-certificates.

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**If you would like to find out more about this course, the funding available and how they could help you take the first step in upskilling, retraining or pursuing your ambitions, before you apply then please contact our online distance learning team on [distancelearning@croydton.ac.uk](mailto:distancelearning@croydton.ac.uk)**

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